A WORD FROM PAULINE...

It is only a few days into this crisis but unfortunately we feel it will be going on for a long time. Some people will feel isolated, some will have time on their hands unable to work and others will have young children driving them crazy.

Luckily most people in Repton Parish have a garden or outside area for a pot or two. Soon our garden will be the only accessible outside space. Gardening is good for body and mind and we will need this over the coming months. I definitely feel refreshed & sleep better after time in the garden. So if you’d like to join me, let’s share ideas and see our gardens grow. Pauline.

"The thing about gardening is that you have to have faith in the future, growing something green, something real, something alive, is a hopeful thing to do."

ABOUT US

Green Fingers is an enabling group to help people help themselves. Maybe you’ve never really ever ventured into the garden & don’t know where to start… We’ll give you tips & help where we can. Maybe you’re a keen gardener and can post tips on the Facebook Page Repton Community Group COVID19.

https://www.saga.co.uk/magazine/health-wellbeing/exercise-fitness/gardening-for-healthtext
GET REPTON BLOOMING!

We’d like to Get Repton Blooming so if you are already growing some seeds or cuttings try to make a few extras that can be shared later on.

We want it to be fun too so there will be competitions with silly awards. We plan to issue a weekly newsletter with ideas, advice links, information and in time, hopefully some videos.

If you’ve got bulbs you’ve been meaning to plant - get them in now!

Wipe tools & keep personal gloves. Work 2 meters apart. Perhaps phone a neighbour & suggest you work in your own gardens separately for an hour then phone each other again to compare notes.

So for starters....... Go out there and
1) take a picture or two if you can of your garden now
2) write a list of what you like and don’t like about your garden
3) Choose one manageable area that you’d like to improve and get trimming or digging
4) stop before you get too tired & reward yourself for having started!

WANT TO TALK TO US?

We will use the COVID 19 communication system, so do contact your street group co-ordinator who will pass the message on to a keen gardener and we can call you back. Do also post pictures & comments on Facebook Repton Community Group COVID-19. Thank you